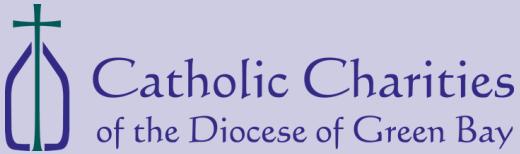


# MENTAL HEALTH MINISTRY

Continuum of care addressing mental health in the Diocese of Green Bay



## TIER 1 Awareness

How can parishioners become more **aware** of where they can access Catholic mental health support and resources?

Parish staff focuses on:

- Sharing resources
- Promoting diocesan mental health events and trainings



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- Promote resources from the Association of Catholic Mental Health Ministers
- Catholic Charities referral cards
- Share diocesan events

## TIER 2 Advocacy

How can a mental health **advocate** work alongside the diocesan ministry to address the specific mental health needs in the parish?

**Mental Health Advocate** focuses on:

- Assessing mental health needs in the parish
- Promoting parish mental health events and trainings



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MENTAL HEALTH ADVOCATE

- Support for the Mental Health Advocate
- Catholic Charities Grant
- Option for specific resources, trainings, and events for the parish

## TIER 3

### Accompaniment

How can a mental health ministry team **accompany** parishioners with mental health challenges?

**Mental Health Ministry Team** focuses on:

- Mental health spiritual support groups
- Parish mental health events and trainings



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MENTAL HEALTH ADVOCATE



MENTAL HEALTH MINISTRY TEAM

- Support for the Mental Health Ministry Team
- Mental health spiritual support group guides
- Additional opportunities for mental health ministry events, resources, and trainings